

**CERTIFICATE OF MAILING (37 CFR 1.8(a))**

I hereby certify that this paper (along with any referred to as being attached or enclosed) is being deposited with the U.S. Postal Service as first class mail in an envelope addressed to: Mail Stop Missing Parts, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450.

Date:

*April 9, 2004*

*Valerie Peterson*  
Valerie Peterson

**PATENT**

**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

IN RE APPLICATION OF: PAUL L. HICKMAN

APPLICATION NO.: 10/729,356

FILED: DECEMBER 5, 2003

FOR: **METHOD AND APPARATUS FOR  
REMOTE INTERACTIVE EXERCISE AND  
HEALTH EQUIPMENT**

EXAMINER: NOT ASSIGNED

ART UNIT: 2121

CONF. NO: 8257

**Information Disclosure Statement Within Three Months of  
Application Filing or Before First Action – 37 C.F.R. § 1.97(b)**

Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Sir:

1. Timing of Submission

This information disclosure is being filed within three months of the filing date of this application or date of entry into the national stage of an international application or before the mailing date of a first Office action on the merits, whichever occurs last [37 C.F.R. § 1.97(b)]. The references listed on the enclosed Form PTO-1449 (modified) may be material to the examination of this application; the Examiner is requested to make them of record in the application.

2. Cited Information

☒ Copies of the following references are enclosed:

- ☒ All cited references listed on the PTO 1449 Form
- ☐ References marked by asterisks
- ☐ The following:



Copies of the following references can be found in parent U.S. Application No. :

- ☐ All cited references
- ☐ References marked by asterisks
- ☐ The following:

☐ This application was filed after 30 June 2003 and no copies of U.S. patents nor published applications are enclosed (See Notice of Deputy Commissioner Kunin on 11 July 2003).

☐ The following references are not in English. For each such reference, the undersigned has enclosed (i) a translation of the reference; (ii) a copy of a communication from a foreign patent office or International Searching Authority citing the reference, (iii) a copy of a reference which appears to be an English-language counterpart, or (iv) an English-language abstract for the reference prepared by a third party. Applicant has not verified that the translation, English-language counterpart or third-party abstract is an accurate representation of the teachings of the non-English reference, though, and reserves the right to demonstrate otherwise.

- ☐ All cited references
- ☐ References marked by ampersands
- ☐ The following:

3. Effect of Information Disclosure Statement (37 C.F.R. § 1.97(h))

This Information Disclosure Statement is not to be construed as a representation that: (i) a search has been made; (ii) additional information material to the examination of this application does not exist; (iii) the information, protocols, results and the like reported by third parties are accurate or enabling; or (iv) the cited information is, or is considered to be, material to patentability. In addition, applicant does not admit that any enclosed item of information constitutes prior art to the subject invention and specifically reserves the right to demonstrate that any such reference is not prior art.

4. Fee Payment

No fees are believed due because this Information Disclosure Statement is being filed before the mailing date of the first Office Action.

- ☐ Applicant further submits that no fee is due in light of the following certification under 37 C.F.R. § 1.97(e) (check only one):
  - ☐ In accordance with 37 C.F.R. § 1.97(e)(1), the undersigned hereby states that each item of information submitted herewith was cited in a communication from a foreign patent office in a counterpart



foreign application not more than three months prior to the filing of this statement; or

In accordance with 37 C.F.R. § 1.97(e)(2), the undersigned hereby states that no item of information submitted herewith was cited in a communication from a foreign patent office in a counterpart foreign application, or, to the knowledge of the person signing the certification after making reasonable inquiry, was known to any individual designated in 37 C.F.R. § 1.56(c), more than three months prior to the filing of this statement.


However, should the Commissioner determine that fees are due in order for this Information Disclosure Statement to be considered, the Commissioner is hereby authorized to charge such fees to Deposit Account No. 50-2207.

5. Patent Term Adjustment (37 C.F.R. § 1.704(d))

- ☐ The undersigned states that each item of information submitted herewith was cited in a communication from a foreign patent office in a counterpart application and that this communication was not received by any individual designated in 37 C.F.R. § 1.56(c) more than thirty days prior to the filing of this statement. 37 C.F.R. § 1.704(d).

Respectfully submitted,  
Perkins Coie LLP

Date: April 4, 2004

  
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**INFORMATION DISCLOSURE  
STATEMENT BY APPLICANT**  
Form PTO-1449 (Modified)  
(Use several sheets if necessary)

**COMPLETE IF KNOWN**

Application Number	10/729,356
Confirmation Number	8257
Filing Date	December 5, 2003
First Named Inventor	Hickman
Group Art Unit	2121
Examiner Name	To be assigned
Attorney Docket No.	59147-8001.US04

Sheet 1 of 2

**U.S. PATENT DOCUMENTS**

Examiner Initials	Cite No.	U.S. Patent or Application		Name of Patentee or Inventor of Cited Document	Date of Publication or Filing Date of Cited Document	Pages, Columns, Lines, Where Relevant Figures Appear
		NUMBER				
	A	4,828,257		Dyer et al.	05/09/1999	
	B	4,860,763		Schminke	08/29/1998	
	C	5,313,942		Platzker	05/24/1994	
	D	5,385,520		Lepine et al.	01/31/1995	
	E	5,410,471		Alyfuku et al.	04/25/1995	
	F	5,410,472		Anderson	04/25/1995	
	G	5,474,090		Begun et al.	12/12/1995	
	H	5,512,025		Dalebout et al.	04/30/1996	
	I	5,591,104		Andrus et al.	01/07/1997	

**FOREIGN PATENT DOCUMENTS**

Examiner Initial	Cite No.	Foreign Patent or Application			Name of Patentee or Applicant of Cited Document	Date of Publication or Filing Date of Cited Document	Pages, Columns, Lines, Where Relevant Figures Appear	T
		Office	NUMBER	Kind Code (if known)				

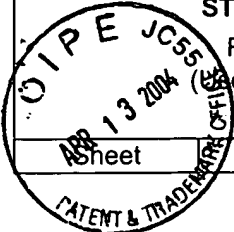
**OTHER PRIOR ART-NON PATENT LITERATURE DOCUMENTS**

Examiner Initials	Cite No.	Include name of the author (in CAPITAL LETTERS), title of the article (when appropriate), title of the item (book, magazine, journal, serial, symposium, catalog, etc.), date, page(s), volume issue number(s), publisher, city and/or country where published.	T
	J	Winkler, William J., "Pumping Iron With a Digital Friend", Business Week, 12/18/1995, pp. 78a.	
	K	Internet Archive Wayback Machine, archive for www.ifit.com, at <a href="http://web.archive.org/web/*/www.ifit.com">http://web.archive.org/web/*/www.ifit.com</a> , 9/1/2003, 1 pg.	
	L	iFIT.com "Internet workouts control your treadmill, bike, or elliptical", at <a href="http://www.ifit.com">http://www.ifit.com</a> , 9/1/2003, 3 pgs.	

EXAMINER

DATE CONSIDERED

\*EXAMINER: Initial if reference considered, whether or not criteria is in conformance with MPEP 609. Draw line through citation if not in conformance and not considered. Include copy of this form with next communication to application(s).

 <p style="margin: 0;"><b>INFORMATION DISCLOSURE STATEMENT BY APPLICANT</b></p> <p style="margin: 0;">Form PTO-1449 (Modified) (Use several sheets if necessary)</p>				<b>COMPLETE IF KNOWN</b>	
				Application Number	10/729,356
				Confirmation Number	8257
				Filing Date	December 5, 2003
				First Named Inventor	Hickman
				Group Art Unit	2121
				Examiner Name	To be assigned
				Attorney Docket No.	59147-8001.US04

Sheet	2	of	2
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### U.S. PATENT DOCUMENTS

Examiner Initials	Cite No.	U.S. Patent or Application	Name of Patentee or Inventor of Cited Document	Date of Publication or Filing Date of Cited Document	Pages, Columns, Lines, Where Relevant Figures Appear
	M	5,645,509	Brewer et al.	01/08/1997	
	N	5,702,323	Poulton	12/30/1997	
	O	5,779,596	Weber	07/04/1998	
	P	6,042,519	Shea	03/28/2000	
	Q	6,053,844	Clem	04/25/2000	
	R	6,171,218	Shea	01/19/2001	
	S	6,312,363	Watterson et al.	11/06/2001	
	T	6,458,060	Watterson et al.	10/01/2002	

### FOREIGN PATENT DOCUMENTS

Examiner Initial	Cite No.	Foreign Patent or Application			Name of Patentee or Applicant of Cited Document	Date of Publication or Filing Date of Cited Document	Pages, Columns, Lines, Where Relevant Figures Appear	T
		Office	NUMBER	Kind Code (if known)				

### OTHER PRIOR ART-NON PATENT LITERATURE DOCUMENTS

Examiner Initials	Cite No.	Include name of the author (in CAPITAL LETTERS), title of the article (when appropriate), title of the item (book, magazine, journal, serial, symposium, catalog, etc.), date, page(s), volume issue number(s), publisher, city and/or country where published.	T

EXAMINER	DATE CONSIDERED
<p><small>*EXAMINER: Initial if reference considered, whether or not criteria is in conformance with MPEP 609. Draw line through citation if not in conformance and not considered. Include copy of this form with next communication to application(s).</small></p>	